Утверждено
Протоколом [illegible]
Председатель [illegible]

Меню на "25" марта 2026 г.
Гимназия №[illegible]

Перемена [illegible]

№ рецептуры	Наименование блюда	Вес блюда	Пищ. вещ.				
			Белки	Жиры	Углеводы	Энергетическая ценность
	Завтрак						
[illegible]	[illegible]	[illegible]	[illegible]	12,56	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]	5,24	[illegible]	[illegible]	283,35
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]	2,61	[illegible]	[illegible]	[illegible]
	Итого:	500	82,06	18,24	19,56	80,65	519,25
	Обед						
186/[illegible]	[illegible]	[illegible]	26,01	[illegible]	13,36	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	119,32
[illegible]	[illegible]	[illegible]	25,08	[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
	Итого:	736	111,91	24,17	25,13	130,20	711,67
	Всего:	1236	196,97	42,21	45,69	180,85	1260,92

Приложение к распоряжению [illegible]

Ответственное лицо: [illegible]

Утверждаю
[illegible]
[illegible]

Меню-требование № [illegible]
от "25" марта 2026 г.
[illegible]

Утверждаю
[illegible]
[illegible]

Дополнительное питание

Номер рецептуры	Наименование блюда	Выход, г	Цена, руб.	Белки, г	Жиры, г	Углеводы, г	Энергетическая ценность, ккал
	Завтрак						
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
	Итого:	800	52,00	16,34	19,86	83,65	519,35
	Обед						
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
	Итого:	736	114,91	24,47	25,33	160,20	741,67
	Всего:	1236	196,97	42,71	45,19	180,88	1260,92

Примечание: [illegible]

Заведующий производством [illegible]